

My office policies require therapy fees to be paid in full by check, cash or credit card at the time of service.

--The intake **Assessment/Evaluation Session** is \$225.00 and is generally 90 minutes.

--Following **Couple Sessions** are 90 minutes, scheduled every two weeks and are \$190. I have determined that this schedule and timing for couples is the most effective as it allows us to focus on the couple's concerns and skills during the session and then it gives the couple two weeks to practice what was learned during the session. If it is determined that more frequent 60 minute sessions are more effective the rate is \$140.00.

--Generally, **Individual Sessions** are a regular 50 minute therapy session and are \$140. An extended session of 60-90 minutes is \$190.

--A 90-minute group therapy or consultation group session is \$50.00 per person.

--Any other exception to this will be discussed and agreed upon in advance.

--Any time spent on essential reports or consultations will be prorated on the \$140.00 per hour rate.

--I will consider a **sliding fee scale** for those folks who request it. This fee is determined by taking into consideration a person's or family's yearly gross income, number of dependents, and type of services requested.

--I also am available to work with a co-therapist if you and your partner or family wish to work with a co-therapy team. The co-therapy team will determine billing.

I do not consider health insurance as payment of your account unless we have made a specific agreement. Reimbursement for my services is an arrangement between you and your insurance company. It is your responsibility to pay your account with me, and I am willing to provide you with the information you need to file your claims with your insurance company so that you can be reimbursed directly. It is your responsibility to check with your health insurance company to find out what kind of coverage, if any, is provided and what type of providers are covered. In order for you to submit your insurance claims, it may be necessary for me to release information in a very limited nature to the insurance company. Since I maintain strict confidentiality, it will be necessary for you to give me authorization to release information before I report to your insurance company. Also, if at any time during your therapy your insurance company requires additional forms after they have received the standard insurance forms there may be an additional fee to cover the additional professional time required to complete these forms or reports. I will notify you of the necessity of this prior to completing them. I encourage you to be aware of all insurance requirements for your particular health insurance company.

If your insurance company or I require a psychiatric/medical consultation, it may be necessary for you to have a session with a psychiatrist or other medical professional. Also, I may request that you consult with another professional for such purposes as psychological testing, medication evaluation, addiction evaluation or other. These additional services will be discussed with you as soon as I become aware of their need; as you will be responsible for their costs.

With less than 24 hours notice, I often have difficulty rescheduling the appointment time reserved for you; therefore, I request that you notify my office 24 hours in advance of a cancelled appointment. 50% of the fee is charged for appointments broken or cancelled with less than 24 hours notice.

If you have any other questions about the office policies or financial arrangements for my therapy services please feel free to discuss them with me.